

**Dear guest,**

Welcome at Hotel Middelpunt!

For any questions or special requests, please contact the reception +32 59 30 70 70.

### **Room**

Your room will be cleaned every day. Bed linen and towels are included.

### **Aid**

You can use the tools provided at Middelpunt (shower chair, shower trolley, active or passive lifter...). The tools are booked in advance through the care sheet and are used according to availability. If you do not have resources reserved but still wish to make use of, please contact the reception for availability.

### **Call System**

In each room and bathroom has a call system. This system ensures that you are in direct contact with the reception. He/she can call care partners or emergency services immediately if necessary.

### **Check out**

The check out time is 10am. If you wish to keep your rooms a little longer for medical reasons, please contact the reception if possible.

### **Refrigerator**

You can find a refrigerator in the wardrobe, which can be used to store medication or small drinking bottles (available in the lounge on the first floor).

### **Television**

Each room is equipped with a TV. Apart from tv-channels, also a number of radio stations are available.

## Facilities

### Bar

The restaurant has a bar. You can have an appetizer, a nice beer or wine all day long.

### Bathroom

On the second floor we have an adapted bathroom with comfort bath and lifter. The rental price for the bathroom is 15 euro/hour (including towel/use/maintenance). The bathroom can only be used supervised by an assistant. You can ask the reception for more information.

### Beach

During the summer you can enjoy the free use of our beach cabin and beach wheelchairs.

### Bikes

In for a biketour? We rent bikes in Middelpunt.

### Courtyard

Enjoy the peace and calm on our inner terrace.

### Infrared cabin

At this time the cabin is closed.

### Petanque

On the side of the restaurant there is a petanque court. You can go to the reception for petanque balls (on loan).

### Reception

The reception is daily staffed. There is also always someone available at night.

### Restaurant

Upon arrival you will be requested to book a slot for all meals. We kindly invite you to respect the time of reservation.

If you wish to change from bed & breakfast to half or full board, kindly inform the reception, at least one day in advance. The kitchen team is pleased to respond to your needs and can provide dietary or special meals.

## Terrace

On our terrace next to the restaurant you can always enjoy a drink.

## Care

### Doctor

There is no nurse available at Middelpunt. We work with doctors from Middelkerke. When an intervention is necessary, the doctor with permanence can be called. The costs of that intervention are charged directly to the guest.

### First Aid

There is a first aid kit at the reception desk.

### Homecare Partner

Middelpunt is working with 'Wit Gele Kruis'. They are responsible for all care and skilled nursing tasks, as requested in the care sheet. Their performance will be settled directly with you. If they are called for an additional intervention, it will be charged separately. This amount charged by the White Yellow Cross will be put together with the bill of Middelpunt.

### Hospital

If surveying is required in a hospital, they will take you to the emergency services of AZ Damien Ostend (Gouwelozestraat 100) or H. Serruys Ostend (Kaïrostraat 84).

### Physio therapy

If physiotherapy treatments are necessary (as indicated on the care sheet), the physiotherapist will come to your room at the appointed time.

## General

### Artwork

The artwork in the corridors and the rooms were made by the adult group of the Dominiék Savio Institute Hooglede / Gits.

### Internet

At Middelpunt you can make free use of wireless internet. A free Wifi-code is available at the reception.

### Pets

Pets are not allowed. Only guide dogs are welcome!

### Pic-nic

If you wish to make a day trip you can fill out an input form one day in advance at the reception issue.

### Smoking

There is a general smoking ban at Middelpunt. There is an ashtray on the terrace of the restaurant

### **Useful info:**

Porter: 0471/63 25 51

Wit Gele Kruis Ostend: 059/70.03.88

GP Circuit Middelkerke: 059/30.04.37

AZ Damien Hospital Ostend: 059/41.40.40

H.Serruys Hospital Ostend: 059/55.51.11